


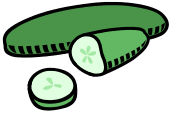


# SNACK IDEAS

Parents provide snack for the class on a weekly basis. Below is a sample list of preferred items. Please review your class calendar for when it is your child's turn. One item from two of the groups is generally plenty for snack.

**\*In consideration of students who have severe allergies to certain foods, avoid all products produced in a facility with nuts.**

<p><b>Fruit</b> (wash and sliced)</p> 	<p>Apples Bananas Oranges Watermelon (seedless)</p>	<p>Berries Peaches Grapes (seedless)</p>
<p><b>Dairy</b></p> 	<p>String Cheese Swiss Cheese</p>	<p>Cheddar Cheese Bagels &amp; Cream Cheese (prepared)</p>
<p><b>Crackers</b></p> 	<p>Graham Wheat Ritz</p>	<p>Cheese Rice Goldfish</p>
<p><b>Vegetables</b></p> 	<p>Celery Sticks Carrot Sticks</p>	<p>Zucchini With salad dressing or dip</p>
<p><b>Other</b></p>	<p>Applesauce cups Breads Yogurt Cups/Tubes Granola Bars</p>	<p>Fruit Snacks Muffins Jello Cups</p>

***“God is great, God is good, and we thank Him for our food.”***